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Seventh Annual Vascular Symposium:  
**The Essence of Vascular Care**

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Indiana University Health

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## Course description

The program is a multi-disciplinary approach to vascular care and treatment. Based on survey comments from prior years, topics of interest are incorporated into this year's program and will be presented by specialists with particular expertise.

The purpose of this symposium is to develop a platform to provide ongoing educational opportunities and the potential for consultation by experts in the field. The overarching goal of the symposium is to improve the quality of care provided to patients with vascular disease, resulting in an enhanced quality of life and, in some cases, preservation of life and limb.

This symposium will enable us to disseminate knowledge regarding advancements in the care of patients with acute and chronic venous disease; the role of anti-platelets, anticoagulants and statins in the medical care of vascular disease; a demystification of standard vascular labs; unique aspects of vascular care as seen in the dermatologic, diabetic and pediatric patient; the changing landscape of care for the patient with carotid artery, aortic aneurysmal and lower extremity vascular occlusive disease; difficult pathologies associated with mesenteric artery occlusive disease and some insight into the role of population health in managing vascular disorders.

We will address aspects of care, which will aid in the management of patients afflicted with vascular disease, whether that care be provided by physician, pharmacist, podiatrist, physician assistant, nurse practitioner, nurse or wound care specialist.

## Topics of interest

### Some topics of interest will include:

- Past, Present and Future of Anticoagulant Therapy
- Update on Aortic Aneurysms
- Arriving at Vascular Health Equity: Leveraging System-Level Resources to Moving the Needle on Population-Level Vascular Disparities
- Best of Vascular Potpourri
- Carotid and Visceral Arterial Disease
- Limb-Threatening Ischemia, Infection and Wounds: Obstacles and Opportunities

The aim is to provide the primary care provider with the optimal tools to manage patients with vascular disease at a venue that allows open discussion and access to the experts.

We look forward to an exciting interchange and robust discussion of factors that might aid in implementing the topics discussed and, in those factors, which might inhibit such care.

## Course objectives

### At the conclusion of this program and based on current practice guidelines, participants should be able to:

- Recognize the use of the newer anticoagulants and the challenges associated with their use in patients with vascular disorders
- Discuss the best medical management for treating patients with peripheral arterial disease and use this knowledge for the betterment of the patient
- Recall the options, risks and benefits of each approach available for patients with AAA, mesenteric artery, lower extremity and carotid disease
- Describe the carotid duplex and lower extremity arterial study
- Apply a working knowledge of vascular screening, vascular studies and newer terminology associated with the care of vascular patients
- Distinguish the role of population health when managing vascular disorders

## Location

### Newfields – Indianapolis Museum of Art

4000 Michigan Road  
Indianapolis, IN 46208

*Parking is available on site.*

# Agenda

## Friday, March 10, 2023

7:30 – 8 am	<b>Check in/Breakfast</b>
8 – 8:05 am	<b>Welcome</b> – Raghu Motaganahalli, MD
8:05 – 9:05 am	<b>Past, Present and Future of Anticoagulant Therapy</b> Moderator: Jeffrey Kons, MD  <b>Benefits and Risks of Older Anticoagulants</b> – Naveen Manchanda, MD  <b>What We Know About DOACS and Their Risk and Benefits</b> Andrew O'Brien, MD  <b>Future of Anticoagulation Therapy</b> – Rakesh Mehta, MD  <b>Q&amp;A</b>
9:05 – 10:10 am	<b>Update on Aortic Aneurysms</b> Moderator: Andres Fajardo, MD  <b>Screening for Abdominal Aortic Aneurysms and Beyond: Current Guidelines</b> – Hanna Dakour-Aridi, MD  <b>Manipulating the Auto-Immune Responses to Prevent Aortic Aneurysm Expansion</b> – Michael P. Murphy, MD  <b>Selecting the Appropriate Therapy for Each Patient: Open vs. Endovascular</b> – Alok K. Gupta, MD  <b>Advance Technologies in the Endovascular Management of Complex AAA</b> Andres Fajardo, MD  <b>Comprehensive Management of Genetic Aortopathies</b> – Joel Corvera, MD  <b>Q&amp;A</b>
10:10 – 10:30 am	<b>Break</b>
10:30 – noon	<b>Arriving at Vascular Health Equity: Leveraging System-Level Resources to Moving the Needle on Population-Level Vascular Disparities</b> Moderators: Andrew Gonzalez, MD; Wanda Estep, MD  <b>Vascular Disparities by the Numbers and Potentially Modifiable Upstream Causes of Disparities</b> – Corey Kalbaugh, MD  <b>Mitigating Unconscious Bias in Clinical Interactions</b> – Areeba Kara, MD  <b>Building Systems of Support for Community Engagement</b> Curtis Wright, MD  <b>Q&amp;A</b>
Noon – 1 pm	<b>Lunch break</b>

## Friday, March 10, 2023

1 – 2:30 pm	<b>Best of Vascular Potpourri</b> Moderator: Raghu Motaganahalli, MD  <b>What Providers Can Do About Smoking Cessation</b> – Kelly Davis, NP  <b>The Venous Ulcer Care: Best Current Data</b> – Michael Dalsing, MD  <b>Cutaneous Vasculitis and Raynaud's Disease</b> Sahand Rahnema-Moghadam, MD  <b>Endovascular Options for Pulmonary Embolism – What Is the Evidence and How Do We Do It?</b> – Jeff Ramkaransingh, MD  <b>Evaluation and Treatment of Thoracic Outlet Syndrome</b> – John Majjub, MD  <b>How Artificial Intelligence Applications Can Change the Future of Vascular Care</b> – Alan P. Sawchuk, MD  <b>Sports-Related Vascular Pathology</b> – Ashley Gutwein, MD  <b>Q&amp;A</b>
2:30 – 2:45 pm	<b>Break</b>
2:45 – 3:45 pm	<b>Carotid and Visceral Arterial Disease</b> Moderator: Michael Dalsing, MD  <b>Current Guidelines for Carotid Artery Disease Screening</b> Justin King, MD  <b>Personalizing Options for Carotid Disease Management</b> Raghu Motaganahalli, MD  <b>Current Guidelines for Treating Mesenteric Arterial Ischemia</b> Katherine Leckie, MD  <b>Q&amp;A</b>
3:45 – 4:45 pm	<b>Limb-Threatening Ischemia, Infection and Wounds: Obstacles and Opportunities</b> Moderator: Greg Westin, MD  <b>Diabetic Foot Exams: What Should Prompt Podiatric, Wound Care or Vascular Surgery Referrals?</b> – Lynette Meece, MD  <b>Choosing the BEST Revascularization: How Should We Decide Between Surgical and Endovascular Techniques?</b> – Greg Westin, MD  <b>Healing the Heel: Advanced Soft Tissue Reconstruction Options for Difficult Foot Wounds</b> – Ravi Bamba, MD  <b>Diabetic Foot Infections: Primary Care Identification, Initial Treatment and Reasons for Advanced Care</b> – Gayle Gordillo, MD
4:45 – 5:45 pm	<b>Social reception</b>

## Accreditation statement



In support of improving patient care, Indiana University School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### Physicians

IU School of Medicine designates this live activity for a maximum of 7 American Medical Association (AMA) Physician's recognition Award (PRA) Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

IU School of Medicine designates this activity for a maximum of 7 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

### Additional information

For questions about accessibility or to request accommodations please contact the IU School of Medicine Continuing Education in Healthcare Professionals (CEHP) office at **317.274.0104** or **cehp@iu.edu**.

## Leaders

### Program Chair

**Raghu Motaganahalli, MD**

### Chair Emeritus

**Michael Dalsing, MD**

### Champions

**Alan P. Sawchuk, MD**

*Vascular Surgery*

**Alok K. Gupta, MD**

*Vascular Surgery*

**Andres Fajardo, MD**

*Vascular Surgery*

**Andrew Gonzalez, MD**

*Vascular Surgery*

**Andrew O'Brien, MD**

*Hematology & Oncology*

**Areeba Kara, MD**

*Hospitalist*

**Ashley Gutwein, MD**

*Vascular Surgery*

**Corey Kalbaugh, MD**

*Epidemiology*

**Curtis Wright, MD**

*Hospitalist*

**Gayle Gordillo, MD**

*Plastic Surgery*

**Greg Westin, MD, MAS**

*Vascular Surgery*

**Jeffrey Kons, MD**

*Family Medicine*

**Jeff Ramkaransingh, MD**

*Interventional Radiology*

**Joel Corvera, MD**

*Vascular Surgery*

**John Maijub, MD**

*Vascular Surgery*

**Justin King, MD**

*Vascular Surgery*

**Katherine Leckie, MD**

*Vascular Surgery*

**Lynette Meece, MD**

*Podiatry*

**Michael P. Murphy, MD**

*Vascular Surgery*

**Hanaa Dakour-Aridi, MD**

*Hematology & Oncology*

**Neal Ramchandani, MD**

*Vascular Surgery*

**Rakesh Mehta, MD**

*Hematology & Oncology*

**Ravi Bamba, MD**

*Plastic Surgery*

**Sahand Rahnema-Moghadam, MD**

*Dermatology*

**Wanda Estep, MD**

*Family Medicine*

**Kelly S. Davis, NP**

*Vascular Surgery*

# Contact information

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## Registrar

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## We want everyone to feel welcome at this and other CME events.



If you have a disability and need an accommodation to participate in this program, we will try to provide it. Please contact the CME office before you come to the event. At least 72 hours notice may be necessary.